

Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

JULY 1, 2005

101 days takes race to the pool



Sgt. Joseph A. Lee

Swimmers kick off the wall as they start one of the 50-meter backstroke heats, Friday morning at the Base Pool. The event was part of the 101 Days of Summer challenge, in which base units compete in various events throughout the summer to earn points for their units. Headquarters Battalion earned the most points in this event.

Sgt. Joseph A. Lee

Sports Editor

Base units put forth their best aquatic teams Friday morning to compete head to head in the 101 Days of Summer Swim Meet.

Competition took place in the relay freestyle, the relay breast stroke, the relay medley, the individual medley, the 50-meter freestyle, the 50-meter breast stroke, the 50-meter back stroke and the 50-meter butterfly.

In it's third year, this swimming competition has grown more popular each year it has taken place, according to coordinator Dan Dufrene, of Marine Corps Community Services.

"This is by far the biggest and most high-quality swimming competition we've ever had here at the base," said Dufrene. "Everything went so fantastic this year. I'm pretty excited to see what the event will look like next year."

In the freestyle relay, Headquarters Battalion took the win by a large spread over second place Marine Corps Air Facility and third place, Helicopter Antisubmarine Squadron 37.

In the breast stroke relay, the MCAF team took first, followed by HSL-37 and MALS-24, respectively. In the relay medley, HQBN outlasted MCAF, and HSL-37 again came in third place.

In the individual medley, the training officer from HQBN, Kevin McCollough, had the endurance to defeat 101-Days Swim Meet veteran Charles Lawson, a rescuer from MCAF's Crash, Fire and Rescue. Lawson placed second, followed by Greg Myers from MALS-24.

See SWIM, C-7

3rd Marines tie MAG-24, 2-2 in rematch

Sgt. Joseph A. Lee

Sports Editor

The soccer team from Headquarters Battalion, 3rd Marine Regiment re-claimed some lost pride Monday, at Pop Warner Field when they came from behind to tie their rematch against MAG-24, 2-2.

Previously beaten last Monday by MAG-24, 3rd Marines came out ready to take the victory, but were quickly set behind when forward Andrew Urey made a long header to put MAG up on the board early, 1-0.

MAG's Edgar Floresalba had another shot on goal, but it missed high, before Ramon Aldana broke free past 3rd Marines' defenders for a strait run at the goal. As Aldana out-sprinted three 3rd Marines defenders, the keeper, James Johnson, left the box to get in Aldana's face — the last-ditch effort for 3rd Marines paid off, as Johnson got in the face of Aldana in time to block the shot.

Before going into the half, Peter Orth of 3rd Marines had a near-goal, but the double whistle sounded and half time was called.

"We're clogging the middle with our players," said MAG coach

Christopher Voss to his players. "We have to play outside and utilize our pass. We're blasting too many shots wide, high and otherwise missing — this can't happen. Take your time, and set up your shots."

Still in the game, only down by one, the 3rd Marines coach reminded his team to stick with it, calm down, and get control and possession of the ball.

But as the second half started off, the ball wasn't touching grass for more than 30 seconds before Timothy Kummerer crossed to Gabriel Mallery, and MAG-24 went up 2-0.

"We were a bit irritated, but we didn't let it get to us too much," said Cruz Arredondo, coach of 3rd Marines. "We had trust that our goalie, Johnson, wasn't going to let any more by."

The MAG-24 assault seemed to be coming once more, as a corner kick by Floresalba nearly caught the corner of the net for MAG, and in the following play, Kummerer laid the ball on a platter to sprinting Aldana who, again, missed an open opportunity on the goal. Aldana's corner kick to Urey was deflected low in



Sgt. Joseph A. Lee

James Johnson, 3rd Marines' keeper, prepares to make the stop during last week's matchup when 3rd Marines was defeated by MAG-24. Monday, Johnson and his team stepped up their game, grit their teeth and came on to the field in the second half, determined to turn their game around. They were successful in holding MAG to two, ending this week's game in a tie.

front of the net, but the pinball-like effect in front of the goal was put to a halt by Johnson as he covered the ball.

It was time 3rd Marines got back into this game. Late in the third half, down by two, Orth finally connected on a shot past Carraway, and 3rd Marines were on the board. With very little time to spare, the 3rd Marines team was practically frantic to get control of the ball, Johnson again proved his coach to be right, blocked several MAG shots on goal,

including a header off a corner kick and a free kick.

After the free kick, Orth, of 3rd Marines, was able to get a shot off over the head of Carraway, tying up the score at 2-2.

Now even more excited, as neither team wanted to end the game in a tie — the game was on. Both teams raced for control and tried to break free as often as possible, and the final shot on goal was made by Orth once again, but this time the shot was snatched up by Carraway at the

tip of his fingers, throwing a bone to the bloodthirsty 3rd Marines, but the game was ended shortly thereafter, 2-2.

"We played a tough game," said Arredondo after the game. "We have to give a lot of credit to Johnson for sticking with it and blocking so many of those shots, but I think we all kept our cool and stayed in the game. It takes a lot of heart to come from that far behind in a soccer game, and we couldn't have done it any better."

Major league pitchers throw strikeouts for troops

David Bahr

American Forces Press Service

WASHINGTON — Oakland Athletics pitcher Barry Zito has decided to support America's troops by helping to make wounded service members a bit more comfortable while they recover.

In April, Zito launched "Strikeouts for Troops," a nonprofit organization that provides funds for many home comforts soldiers may be missing during their stay in hospitals. These comforts include entertainment, meals, clothing — many soldiers arrive with only the clothes on their back — and travel and lodging expenses for their families.

"I was talking to my family and really wanted to do something for our troops, who throughout our history, have fought to keep us free," Zito said.

For every strikeout Zito and other partici-

pating pitchers record, a \$100 donation goes to Strikeouts for Troops. In less than three months, the organization has raised more than \$30,000. The organization also accepts donations from the public through its Web site.

Zito's goodwill gesture has caught the attention of many of his pitching colleagues around the league who have lent their support to the organization. The list of pitchers taking part includes Curt Schilling of the Boston Red Sox, C.C. Sabathia and Matt Miller of the Cleveland Indians and Tim Hudson of the Atlanta Braves. One late addition to the Strikeouts for Troops pitching staff is Chad Cordero of the Washington Nationals who joined June 8.

Cordero, whose father served in Army in Vietnam, said he jumped at Zito's invitation to help with the effort.

"It's a great thing, a chance to help, an

opportunity to give back to (the troops)," he said. Though he hasn't yet been able to visit with troops recuperating in the hospital, Cordero said he was able to meet with some wounded service members during a recent home game against Oakland. He said getting to meet and thank the heroes was "really neat."

Zito, on the other hand, has had opportunities to visit wounded troops in military hospitals and thank them in person for their service. He said the troops were eager to talk about baseball, while he was more interested in hearing about them — "... where they live; their family; what they want to do with their life; and how they got hurt," the American League's 2002 Cy Young Award winner said.

While chatting in the Mologne House hotel on the grounds of Walter Reed Army Medical Center here with Army Spc. Mark Gonthier, Zito discovered that Gonthier had been hit

with a piece of shrapnel, losing his hearing in an ear and adversely affecting his balance. That day, Gonthier was wearing the green "Support the Troops" wristband he had been wearing when he was hit, and he offered it to Zito. Honored to accept it, Zito said, he has never parted with the band.

"I wear that band every day, and I never take it off," he said. "I even wear it when I'm pitching," he noted, even though an umpire once asked him to take it off. "So I put it in my pocket," he said with a smile, "but it was still with me!"

Zito said he is inspired by the troops' attitudes as they deal with the challenges of recovering from injuries. "I was most touched by their spirit, and actually felt uplifted by their can-do attitude," he said.

Strikeouts for Troops is growing almost as

See STRIKES, C-7

BASE SPORTS

Today – Sunday

Mechanical Bull-Riding Competitions — If you think riding a mechanical bull is easier than riding the real beast, come to McKenna Motors BayFest Mechanical Bull-Riding Contest and prove your cowboy or cowgirl worth.

On Friday, from 6 to 7 p.m., practice holding on to your hat with one hand and gripping the saddle as hard as you can with your other hand. It's not that easy — eight seconds never felt quite as long as when this metallic rank bull is trying to buck you off mercilessly.

If you are a seasoned rider, want to show off your chaps, or feel you have what it takes to take on a few competitors, come back on Saturday from 6 to 7 p.m. to show off to your fellow Marines in the Marine Corps Contest.

Other service members can sign up to compete on Sunday, also from 6 p.m. to 7 p.m., in the Joint Services Contest. The winner of each contest will receive a commemorative BayFest '05 buckle. Fill out an application at your Base ITT office or call 254-7563. Hurry — only 25 participants will be taken per contest. Ride 'em cowboys!

Saturday

Boxing Challenge — They're going to be bobbin' and weavin' at the BayFest 2005 Boxing Challenge. Watch USA Boxing-sanctioned fights with all of the action of a title bout, only at the BayFest Boxing Ring.

The fighters are set to rock the ring on Saturday at 4 p.m.

Come early and get a ring-side view or else the last person standing will be you.

Sunday

SuperBrawl, Full-Contact Showdown Title Fight — Make sure you're ringside at 3:30 p.m. on Sunday to catch a glimpse of local Marine, Steve Byrnes, and local Oahu native, Tripson Kerisiano, for the first-ever Full-Contact Showdown title belt.

Arrive early to find good seating, as this event is expected to gather a tremendous crowd.

BodySearch Fitness Challenge — Check out the bronzed bodies at 4:30 p.m. in the BayFest Fest Tent. Watch these slim, trim and muscle-brimmed men and women show off their muscles and moves, as they vie for the prestigious title of the BodySearch Fitness Challenge king or queen, and prizes from 24-Hour Fitness, Tiki Tanning and other sponsors.

Entry is free before the day of the event. Day-of-event registrations are only \$10. All BodySearch Fitness Challenge participants must be at least 18 years old.

The BodySearch Fitness Challenge includes modeling fitness and one- or two-piece, full-cut swimsuit attire (no thongs allowed). Contestants will be judged on personality, physique and interviewing skills.

Winners from first through third place, male and female, will win varied prizes as well as bragging rights and a well-deserved resume addition.

If you think you have the brawn

and beauty of a BodySearch contender, call the BodySearch Fitness Challenge Headquarters at 808-254-7597 or register online at www.bayfesthawaii.com

Monday

Bathtub Regatta — You're a master of the open ocean. You're a sage of the seven seas. You know every knot in the book ... You might have what it takes to be a Bathtub Regatta Champion.

The Bathtub Regatta is a free race for all military, civilians and corporate teams who have created a homemade boat and are willing to put their crafts to the test. Regattas must be self-propelled by four-person teams, created originally for the race. Numerous prizes will be awarded from first place to first to sink, funniest design to children's best, and many more.

For more information, and a complete list of event rules and regulations, call Water Safety at 808-254-7655.

Ongoing

Extended Summer Pool Hours — The Kaneohe Bay Base Pool has extended its summer hours for family fun. The pool will be open from 6 to 8 p.m. Tuesdays, Wednesdays and Thursdays so that families can enjoy their summer evenings.

Night lighting, picnic tables and barbecue grills will be available for patrons to rent for a small fee of \$1 per person. Swim, slide and dive away those hot summer nights at the Base Pool.

Evening Water Aerobics classes will be conducted on Tuesdays and Thursdays throughout the summer from 6 to 9 p.m. The class fee is \$2, and tickets can be purchased at the pool or fitness center.

Saturday morning swim lessons are also now available. Only six spaces per class are available, so sign up now at the Base Pool or call 254-7655. The

fee is \$35 per session, beginning June 25. The following is the class schedule. Level 2 at 8 a.m., Level 1 at 9 a.m., Preschool at 10 a.m. and Preschool 2 at 11 a.m.

Camp Smith Intramural Softball League Registration Now — Camp Smith athletics is currently accepting registrations for the Intramural Softball League. The league will begin on Monday.

Game days and schedules will be announced in the near future. Submit your team rosters to Camp Smith's Fitness Center, located in Building 2C, or call Angela Pittman at 477-0498 or 477-5197.

Semper Fit Center Offers Personal Trainers — For those looking to get into a tailored exercise regiment, or for those just looking for some good advice on weight management and control, the Semper Fit Center offers free personal training consultation.

You can schedule an appointment with a trainer, who will take body fat measurements, blood pressure and heart-rate readings and more. They will do all this and tailor a program based on your physical needs and ambitions. For only \$5 per workout, your trainer will actually train with you to ensure maximum efficiency.

Pick up a personal training appointment card at the Semper Fit Center now, or call 254-7597.

Aerobics Room Gets a Little Cooler — The aerobics room at the Kaneohe Bay Semper Fit Center is getting a facelift! Air conditioners will be installed, which will impact class schedules.

The room will only be closed on the weekdays. Aerobics classes will remain at the center, but held in different rooms.

Call 254-7597 for scheduling information.

Campground and Picnic Sites — For picnic and camping sites, Marine Corps Base Hawaii offers some of the most scenic beaches on the island. Three of those beaches, Pyramid Rock, Hale Koa and Fort Hase, are available by reservation for picnics and parties from dawn to dusk. Hale Koa Beach may also be reserved for overnight camping.

Reservations are required. To reserve a camp site, call 254-7666 for Kaneohe or 477-5143 for Camp Smith.

Semper Fit Center Offers it All — The Semper Fit Center has an aerobics class for anyone and everyone trying to meet fitness goals.

Check out as many of the following programs as you would like: Yoga, Cycling, Tai Chi, Cardio-Kick, Gut Cut, Step-Challenge, Water Aerobics, Pilates, Marathon Training and much, much more. For class information, call the Semper Fit Center at 254-7597.

Intramural Sports Standings

Soccer:				
	Win	Loss	Tie	Pts.
HQBN	6	1	0	12
MAG-24	5	2	2	12
3rd Radio	4	2	2	10
3rd Mar. HQ	2	4	2	6
3/3	2	3	2	6
CSSG-3	2	6	1	5
HSL-37	1	2	3	5
Summer Softball			W	L
HQBN			28	5
CSSG-3			28	6
VP-9 #1			21	7
Dental			20	9
HSL-37			21	12
Facilities			18	13
Sampsons (MAG-24)			15	12
3rd Marines Reg.			15	13
IPAC (HQBN)			13	15
MAG-24			16	18
2-2			6	16
VP-47			8	20
ETD "Scrubs"			0	8
VP-9 #2			2	30
Volleyball				
Cancelled due to lack of attendance.				
<i>*Standings are current as of Monday.</i>				

Fishing Charters Available at MCB Hawaii — Spend the day aboard one of Bill Collector's Fishing Charter boats. Bill Collector (formerly Mahalo Kai) has been serving MCB Hawaii since 1992, offering a day of fishing in the bountiful waters off the Windward side.

For more information, stop by the Base Marina located in Building 1698, across from Hangar 101, or call 254-7666/7667.

Inexpensive, Fun Entertainment — Look no further for economical entertainment Mondays through Thursdays at the K-Bay Lanes where all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game.

This discount is good for open play, but does not qualify for tournaments, leagues or unit functions.

For more information, call the K-Bay Lanes at 254-7693.

Color Pin Special — Every Wednesday, roll a strike. When a colored pin is in the headpin position, you can win up to three free games of bowling. All patrons are welcome to take advantage of this deal. If you make the play, you win! Call the K-Bay Lanes at 254-7693.

Semper Fit Group Exercise
July 2005

Monday

8:45 – 10 a.m. — Step 2 It
11:45 a.m. – 12:15 p.m. — Gut Cut
4:45 – 5:45 p.m. — Cycling (\$3/\$1 active duty)
5:45 – 6:45 p.m. — Class Coming Soon
6:45 – 7:45 p.m. — Pilates

Tuesday

6 – 7 a.m. — Cycling (\$3/Free to active duty)
8:30 – 9:30 a.m. — Class Coming Soon
9:30 – 10:30 a.m. — Yoga
6 – 7 p.m. — Class Coming Soon

Wednesday

8:45 – 10 a.m. — Step Challenge
4:45 – 5:45 p.m. — Cycling (\$3/\$1 active duty)
5:45 – 6:45 p.m. — Class Coming Soon
6:45 – 7:45 p.m. — Pilates

Thursday

6 – 7 a.m. — Cycling (\$3/Free to active duty)
8:30 – 9:30 a.m. — Class Coming Soon
6 – 7 p.m. — Step 2 It

Friday

6 – 7 a.m. — Class Coming Soon
8:45 – 10 a.m. — Step 2 It
11:45 a.m. – 12:15 p.m. — Gut Cut
4:45 – 5:45 p.m. — Cycling (\$3/Free to active duty)
5:45 – 6:45 p.m. — Pilates

Saturday

10 – 11 a.m. — Water Aerobics

Note: A book of 10 single-class coupons for \$2 each can be purchased for \$15 at the Semper Fit Center.

Semper Fit also offers Aikido instruction Mondays and Wednesdays at 8 p.m., and Fridays at 7 p.m.

COMMUNITY SPORTS

HTMC Plans Two Weekend Hikes
Saturday, join the Hawaiian Trail and Mountain Club on a three-mile, novice hike of the Kaluanui Ridge in Hawaii Kai. This neighborhood trail climbs to the Koolau summit at the lower eastern end of the range. On a clear day you can see forever.

Reach coordinator Thea Ferentinos at 375-0384 for detailed information.

Sunday's trek takes hikers to Laie for a 10-mile, advanced ramble. This ridge has variety — road walking, guava tunnels, native vegetation, narrow primitive trail, summit walking and views of the coast. There's even the opportunity for a cool dip in the Laie pool. Just pay attention to direction markers at the Many junctions.

Reach coordinator Arnold Fujioka at 625-9431 for more information.

Hikers should meet at Iolani Palace at 8 a.m. for the hike. A \$2 donation is requested for each nonmember, age 18 or over. A responsible adult must accompany children under 18.

Bring lunch and water on all hikes and wear sturdy shoes and clothing. Firearms, pets, radios and other audio devices are prohibited on hikes.

Check out the HTMC Web site at www.geocities.com/Yosemite/Trails/3660 for more information.

Hale Koa Keiki Magic Triathlon
Fort DeRussey Beach, fronting the Hale Koa hotel, will be the site of a Keiki Magic Triathlon, July 16.

Children in age groups 7 to 8 and 9 to 10 will swim 50 meters, bike two miles and run one mile. Children in groups 11 to 12 and 13 to 14 will swim 100 meters, bike two miles and run one mile.

Goggles are recommended. No snorkel or

fins will be permitted. Participants must wear a bike helmet and any type of two-wheeled bike is allowed. Running shoes must be worn. Only keiki competitors will be allowed in the transition area. Other rules will be included with the race packet.

All participants will receive a T-shirt, timing card and competitor's medal.

Registration fees are \$25 for individuals, \$22 for military family members and \$35 for relay teams.

Participants may register at the Hale Koa hotel or online at www.active.com. For more information, call 955-9151.

Lanikai Bike Path 8K

Join the Mid-Pacific Road Runners Club, July 17, at 7 a.m. on the Lanikai bike path for an eight-kilometer run.

Runner should meet at the boat ramp before the two-loop race. This is a show-up-sign-up race, but you may register on line at www.active.com. Registration fees are \$5 for MPRRA members, \$10 for nonmembers and free for MPRRS life members. Awards will be given to the top three finishers in the elite and five-year age divisions.

25th Annual Tinman Triathlon

The "People's Triathlon" starts and ends at Kapiolani Park area in Waikiki, July 17. It is a beautiful and doable venue for all level of interested athletes. Signups are \$115 until July 7. Online registration closes July 7, at 8 p.m.

The triathlon is comprised of an 800-meter swim, a 40-kilometer bike ride and a 10-kilometer run. Participants must be 15 years of age or older by July 17.

Each finisher will receive a commemorative award on race day. All awards will be presented on race day at a ceremony at approximately 11 a.m. at Kapiolani Park Pavilion. The number of awards will be

determined by the number of athletes competing in each age group division.

To qualify to compete in the elite division, the athlete must submit official documentation that he or she will be able to complete the entire race within two hours for men and two hours and 20 minutes for women. The top five finishers of elite men and elite women will receive overall awards.

Active military participants will be eligible for awards for male and female divisions, along with age group awards. Males 220 pounds and above, females 160 pounds and above will be eligible for additional awards, along with age group awards.

Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs.

Call the Turtle Cove office at 259-4121 from 8 a.m. to 8 p.m. or visit www.bellowsafs.com.

•*Saturdays at 8 a.m., Morning Paddle:* Take the guided kayak tour to the Mokulua Islands, which offers the opportunity to see birds up close in their natural habitat. Cost is \$14. Advanced skill level is required.

•*Saturdays at 1 p.m., History Tours by Van:* Learn about and see significant historical landmarks on Bellows Air Force Station.

•*Sundays at 8:30 a.m., History Tours by Bike:* Ride mountain bikes for an extensive seven-mile, three-hour, guided tour of Bellows AFS. Wear closed-toe shoes. Cost is \$15 for bike and helmet rental.

•*Mondays at 8:30 a.m., Hike to Makapu'u:* Take a moderate two and a half-mile roundtrip hike to the Makapu'u Lighthouse. Hikers will be rewarded with awesome views of

Koko Crater, Diamond Head and Waimanalo Bay. Wear closed-toe shoes. Cost is \$8 for adults and \$5 for children 12 and under.

•*Wednesdays and Fridays at 8:30 a.m.,*

Snorkeling Tour: Discover the magnificent underwater world of the ocean at a nearby, undisturbed reef. Transportation, instruction and snorkeling equipment are included. Cost is \$15 for adults and \$8 for children 12 and under.

•*Wednesdays and Thursdays at 1 p.m., Kayaking Lessons:* Master ocean-kayaking skills, including water safety and efficient paddling techniques in this two-hour class. Cost is free with a day kayak rental.

•*Thursdays at 9 a.m., Beach 101:* See fascinating natural phenomena as you wade across seaweed-covered reef flats and rock tide pools.

This is an educational experience for the whole family. Be sure to wear comfortable footwear, a hat, swimsuit, sunscreen, and bring water. Cost is \$8 for adults and \$5 for children 12 and under.

•*Thursdays at 8 a.m., Free Aloha Breakfast in the Recreation Center Lanai:* Find out about all the exciting programs and specials happening at Bellows. Enjoy a free continental breakfast and sign-up to win door prizes. For more information, call 259-4112.

•*Thursdays and Fridays at 2 p.m., Lei Making:* Pick your own flowers to use in making a beautiful lei. Cost is \$8 for adults and \$5 for children 12 and under.

•*Fridays at 1 p.m., Bodyboarding Lessons:* Learn how to catch and ride the waves. Free day rental of boogie board is included in the \$5 fee

Miniature Golf: One of the few miniature golf courses on the island, the Bellows Mini-Golf Course is lighted and open for night play.

Cost is \$4 adults and children under 12. For more information, call the Golf Shack at 259-4121.

Driving Range: Next to our Mini-Golf Course is a driving range. Clubs and buckets of golf balls are available for rent.

Hawaii Marine Accepts Briefs

To post sports and recreational activities in the *Hawaii Marine*, e-mail items to editor@hawaiimarine.com or call 257-8835.



The Bottom Line

(Editor’s Note: “The Bottom Line” is the **Hawaii Marine’s** weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America’s one true obsession — sports. Chances are you’ll either agree with one of their takes or disagree with both. The **Hawaii Marine** welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send “Readers Strike Back” comments to editor@hawaiimarine.com. Remember, “If you don’t speak up, you won’t be heard.”)

Is Birdie Kim the new face of the LPGA?

Sgt. Joe Lindsay
The Goat

“Well, all day long at school I hear how great Marcia is at this or how wonderful Marcia did that! Marcia, Marcia, Marcia!”

— Jan Brady, The Brady Bunch

Ju-Yun Kim, err, Birdie Kim, doesn’t need to feel like Jan Brady any more. Not after her improbable 90-foot sand shot for birdie, Sunday, in Cherry Hills Village, Colo., gave her the U.S. Women’s Open championship crown, which, by the way, looks a lot better atop her head and has already done more to change her image than any wig worn by the Carol’s middle child.

No longer will Birdie Kim have to endure the endless hype surrounding Annika Sorenstam and Michelle Wie without hearing her own name at least mentioned in the same sentence.

Kim, who a year ago changed her name to Birdie to distinguish herself from the roughly half dozen other players named Kim on the LPGA tour, distinguished herself instead on the links with an iron will and, some say, a lucky shot to win the most coveted title in all of women’s golf. Plus, she took home a cool \$560,000 for her efforts.

Not bad for a girl who’s total golf earnings in 2004

totaled only \$9,897. In fact, last year, Kim never finished any better than a tie for 42nd place. Since turning professional in November of 2000, Kim has earned the paltry sum of \$79,832 playing her chosen profession. Think about that. In nearly five years, she made roughly the equivalent playing professional golf, as she would have made working at a fast-food restaurant.

All that changed Sunday. Now, Kim no doubt has the sponsorship corporate-types knocking on her door. And with a fitting name like Birdie coupled with a U.S. Open Championship under her belt, who can blame them.

Bottom Line: The 23-year-old Kim, who hails from South Korea, did more than simply shatter Sorenstam’s quest for a grand slam and quiet a pro-Wie crowd. She also gave a couple of would be teenage golfing sensations — Morgan Pressel and Brittany Lang — a little dose of reality.

But more important than any of that, the world is starting to talk about women’s golf again. NBC earned its highest ratings at the event since 1997, not to mention a 68 percent increase in television viewers over last year’s tournament. And, if Tiger Woods and the rest of the male golfers aren’t careful, women’s golf is going to join tennis, soccer, swimming, gymnastics and track as sports in which the queen is king.

Kristin Herrick
The Cheese

Birdie Kim didn’t shut down Michelle Wie and Annika Sorenstam this weekend at the U.S. Women’s Open — they did that all on their own. With no standout performances, Kim was simply the least worst golfer — if that makes any sense.

However, Kim has, for the moment, made a name for herself — in more ways than one.

Born Ju-Yun Kim, she changed her name after last season to Birdie, perhaps because of wishful thinking or perhaps because she’s one of six Kims on the tour. Whatever the reason, it worked. Birdie made a birdie on the 18th hole at Cherry Hills to win more than a half million bucks. Not bad for a 23-year-old. With that bankroll, she earned about eight times her previous 2005 total of

\$79,832.

With three of four 2005 major tournaments over and done with, Kim has scratched in one, placed 41st in another and won the latest. She has been cut in as many tournaments as she has finished, and (before Sunday) her top finish was 7th place. These accomplishments — if you can call them that — are less than superstar quality.

Bottom Line: With only one win under her belt, Birdie Kim is not the new face of women’s golf. Youngster amateurs like Michelle Wie and Morgan Pressel, who tied for second place on Sunday, along with veterans like Annika Sorenstam are still stealing the show, despite some recent sub-par play. Sorenstam has won six of the nine tournaments she has played in during the 2005 season. With consistency and just plain awesomeness, Annika is the new, old face of women’s golf.

Readers Strike Back

“Poker, darts, chess ... are games that people who could not play sports turned to in order to entertain themselves.”

Dear Bottom Line,

One can debate all day about what does or does not constitute a sport. I don’t see any need to complicate the issue, so I will keep it simple: To compete in a sport, and compete well, you need a few things. Things like eye-hand coordination, balance, speed and strength,

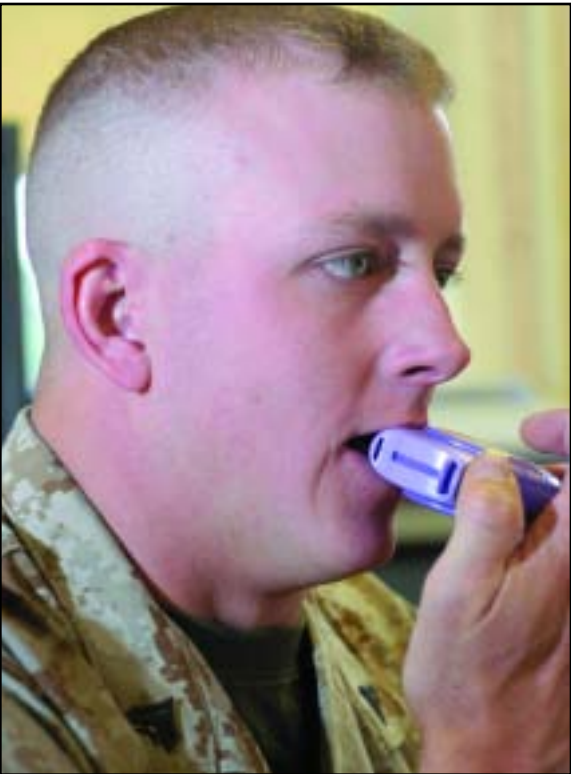
among other things. In a word, you need athleticism. Poker, darts, chess and spelling bees are not sports. These are games that people who could not play sports turned to in order to entertain themselves.

Thomas Tyler
MCB Hawaii, Kaneohe Bay

quotable

“They throw their clubs backwards, and that’s wrong. You should always throw a club ahead of you so that you don’t have to walk any extra distance to get it.”

— Tommy Bolt, about the tempers of modern players



Lance Cpl. Cullen J. Tiernan

Cpl. Claywood Baker, the legal chief, mail chief and assistant administrative chief at MWHS-2, was diagnosed with lung disease and the beginning stages of emphysema. He has very little control over his coughing and hacking which happens randomly and frequently.

Marine coughs up chance at combat

Lance Cpl. Cullen J. Tiernan

Combat Correspondent

**MARINE CORPS AIR STATION CHER-
RY POINT, N.C.** — As he races across his administrative office at Marine Wing Headquarters Squadron 2, completing one task then another and another, his constant cough and hack are ever present. Yet, they do not slow this Marine down.

Cpl. Claywood Baker, the legal chief, mail chief and assistant administrative chief at MWHS-2, was diagnosed with lung disease and the beginning stages of emphysema mere days before he was scheduled to serve his country in Iraq.

“I got asked to extend my contract to go to Iraq for six months,” said Baker, in between coughs, revealing the fact he has smoked since he was 10 years old. “But on Jan. 25, I’ll

never forget that day, Sgt. Maj. (Michael J.) Closterman (the sergeant major of MWHS-2) told me that I might want to go to medical, because I had been coughing consistently for a long while.”

At medical, Baker took breathing tests and was sent to the hospital for chest X-rays, done the next morning.

“I was supposed to be going on leave the next morning before serving in Iraq,” said Baker with a sense of regret. “Then the doctor called and told me there was something wrong with my lungs. That very day, I got put on limited duty and became nondeployable. I was completely packed, trained and ready to go.”

Baker was then referred to a team of doctors at New Hanover Regional Medical Center in Wilmington, N.C. There, he received the grave news that he had lung disease and the

beginning stages of emphysema.

“I hack all day long, every day,” said Baker, who has chosen to accept his fate and rise above it. “The doctor told me that it will lead to full-blown emphysema in the next one to seven years. I’m trying to slow it down, but I still can’t control it. My job requires me to constantly have to deal with people on the phone and in person. They’re always asking ‘what’s wrong’ or if I’m choking. I hear it 15 to 20 times a day.”

Although Baker said the coughing and hacking are both annoying for him and for the people around him, the Marines at MWHS-2 fully support him. The younger Marines look up to the corporal who has four years of service at Cherry Point, and the older Marines know they can always count on him.

See LUNGS, C-6

Wife, eBay help husband kick butts

Sgt. Tracee L. Jackson

II Marine Expeditionary Force

MARINE CORPS BASE CAMP LEJEUNE, N.C. — Jill L. Lamison, a Marine wife here is committed to helping her husband kick his bad habit by auctioning her husband’s cigarette butt on www.ebay.com.

With two more days of bidding left, Lance Cpl. Earl J. Lamison, a motor transport operator with Alpha Company, 2nd Transport Support Battalion, is getting ready to kiss his habit goodbye and is looking forward to a healthier, smoke-free life. Lamison and his wife made a bet that his

cigarette butt would not sell for more than one dollar.

“I wanted him to quit for his own health and for our daughter,” explained Jill, “I quit smoking a few years ago and have been bothering him about it for a while.”

After several failed attempts, Jill decided to rally support from the online community to motivate her Marine to get a breath of fresh air.

“One day we were just sitting around and we made a bet that if I could sell his cigarette butt on eBay, he would stop smoking for good,” she said.

Thus far, the endeavor has gone well, with a top

See BUTTS, C-7



Sgt. Tracee L. Jackson

Left — Lance Cpl. Earl J. Lamison is getting support from his family and the online community to say goodbye to his smoking habit by selling his cigarette butt on eBay in exchange for a promise of a smoke-free lifestyle.

Far left — Lamison’s butt has garnered \$75 so far, and he will quit smoking when the sale is final.

Safety comes first for summer cyclists

Pfc. Drew W. Barker

Combat Correspondent

MARINE CORPS BASE CAMP LEJEUNE, N.C. — It can happen so quickly; you’re pedaling along one of the base’s many beautiful bike paths while the sun warms your face and you take a deep breath of a cool summer’s breeze. The skies are blue and you notice some wildflowers at the edge of the woods to your right. Before you can direct your attention back to the path, you hit a patch of sand and begin to lose control.

The next thing you know you’re inspecting a scraped knee and looking around to see if there are any witnesses. Luckily, you were wearing a helmet in accordance with base orders, and the only thing that is really sore is your pride.

The summer provides individuals a wonderful opportunity to enjoy using their bicycles for recreation, physical conditioning and transportation around base. Although there is always risk of having an accident, cyclists can protect themselves and others by following the guidelines outlined in Base Order 5560.2L and taking other precautionary measures including annual bike inspections, according to Cpl. Jordan Palmer, a desk sergeant with the Provost Marshal’s Office, Marine Corps Base Camp Lejeune.

The order mandates bicycle riders observe the same rules and regulations required of motorists, and ride on the right edge of the roadway, with the flow of traffic.

“Bicyclists are required to abide by the same laws that apply to motor vehicles in the state of North Carolina, because they are considered vehicles of sorts,” said Jack Kane, owner and manager of The Bicycle Shop in Jacksonville for more than 33 years. “Bikers have to stop at red lights and signal their turns, just like cars.”

The order also instructs riders to wear certain protective gear and apparel.

All bicyclists traveling on paved roads aboard the base are required to wear a bicycle helmet that meets the standards of the Snell Memorial Foundation or the American Standards Institute. Between evening and morning colors, they must wear an international orange, bright yellow or lime green reflective vest over their outer garment. At least 30 square inches of reflective surface, 15 in front and 15 in the rear, must be visible, according to Base Order 5560.2L.

“Proper equipment is essential for safe riding,” said Kane. “All riders should wear hel-

mets and reflective gear at all times.”

In addition to the guidelines established for daytime riding, the order dictates that cyclists choosing to ride during hours of darkness must equip their bicycles with headlights, rear red reflectors and red lights.

“There are flashing strobes that are designed for bicyclists to use at night,” said Kane. “They have a visibility of up to two miles in darkness and are also great for early mornings and even the middle of the day.”

Other things riders should take into consideration include regular maintenance of bicycles, maintaining adequate hydration and using

protective eye wear, according to Kane.

“The most important precaution that cyclists can take is to have their bike inspected by a professional to make sure it is in sound, working order,” said Kane. “We offer free inspections, so there is really no excuse not to take this safety measure.”

Another safety measure that is highly overlooked is hydration, according to Kane.

“Water is a must,” said Kane. “When you’re riding, you don’t notice how much you are sweating because of the breeze that is cooling and drying you off, but in fact, you need about five ounces of liquids for every 15 minutes of

biking.”

Bugs and debris from passing vehicles and other riders also pose a serious threat to riders safety, according to Kane.

“If you’re riding along and something hits you in the eye, you’re going to have an automatic reaction, whether it’s to reach for your eye or jerk the wheel. Both can cause a very dangerous situation.”

Bicycling can be a great activity for individuals to enjoy this summer. Using precaution and following safety rules outlined in base orders can help prevent injuries, avoid accidents, and ensure a fun summer for all.



Lance Cpl. T. J. Kaemmerer
Lance Cpl. Jonathan B. Edmunds strains his muscles trying to move Shoji Gishitomi into position to throw him to the ground during the Okinawa Sumo Wrestling Tournament, June 4. Service members and their families from Camp Schwab were invited to watch and participate in the tournament. The Americans performed well against the more experienced Okinawan wrestlers, winning four of the six friendship matches. Edmunds is an administrative clerk with Headquarters and Service Company, Combat Assault Battalion, Camp Schwab, Okinawa, Japan, who sumo wrestles with the Okinawans on a regular basis.

Marines, Okinawans throw down at sumo tourney

Lance Cpl. T. J. Kaemmerer
MCB Camp Butler

HENOKO, OKINAWA, Japan — Muscles were strained, sweat poured down faces and bodies hit the sand in front of more than 100 American and Okinawan spectators during the Okinawa Sumo Wrestling

Tournament here, June 4. Since 1972, U.S. service members and their families have been invited to witness and participate in the tournament, which is an ancient agricultural ritual that symbolizes the asking the gods of the land for a good harvest. “The Henoko residents always wel-

come the Marines from Camp Schwab and try to involve them in our local festivities to continue the good relationship we have with them,” said Yoshikazu Chinen, a member of the Henoko Young Men’s Association and experienced sumo wrestler. The actual tournament is a serious

event for the Okinawans, but the separate friendship matches between the Americans and Okinawans are for everyone’s enjoyment. “We grow up wrestling (other Okinawans),” said Chinen, a 15-year veteran of the fighting arts. “With the Marines, it’s more about friendship. Winning and losing doesn’t matter as

much as sharing the moment and fun with the Americans.” Most of the service members were slightly nervous heading into the friendship matches. The burning question on their minds being, “How big are these guys?”

See SUMO, C-7



Cpl. Michelle Dickson

Salute to soccer

The color guard presents the Marine Corps’ colors, Saturday, during the opening ceremony event for the military sector of the Hawaii Youth Soccer League at Pop Warner Field, Marine Corps Base Hawaii, Kaneohe Bay. The event marked the start of interservice military soccer league competition for the many military youth teams around the island of Oahu.

LUNGS, From C-4

“He’s a lot of fun; a very lively and entertaining Marine,” said 1st Lt. Wendy J. Ruiz, the legal officer at MWHS-2, as she asks Baker a question about the Microsoft Exchange Server and he readily answers. “He’s real good people. He’s handling his illness well and is a major asset to us in the shop here. I’m glad to still have him here.”

Baker’s presence is valued up and down the chain of command. A fellow enlisted Marine said he views Baker as a good leader, hard worker and overall good person.

“He’s the first one in here and last one out,” said Cpl. Kevin Pineda, the temporary assignment of duty chief at MWHS-2. “He’s kept a positive mentality and he doesn’t let anything affect it. It’s humbling to see him go through this. You think you’re tough until you see him do double the work load and deal with his problem. He’s a real inspiration to us.”

Baker said his inspiration to keep going was found in words spoken to him by Closterman.

Closterman is the same Marine who motivated him to go to the doctor and find out about the problem.

“I won’t ever forget the advice he gave me the day I found out I had lung disease,” said Baker. “It means a lot that he took time to help. When senior personnel actually care and get involved, that is what keeps me going.”

Baker said he would never wish this illness on anyone, and that it’s grueling beyond belief when he can’t stand up straight because he is coughing too hard.

“It’s frustrating when people look at you like your crazy,” said Baker. “People don’t believe you and doubt your integrity. Some days I feel terrible and lazy without the energy to do the things I want.”

At first Baker said he would awake every morning and wish the coughing might go away.

“Now, every time I wake up, I look at it as another day,” said a resolute Baker, who is determined to continue his service. “I think, ‘at least I woke up.’ I am going to keep trucking. I used to let it bother me, but not anymore.”

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SWIM, From C-1

In the 50-meter back stroke, Lawson took first place, followed by Daniel Gibson and Amy Bevan of HQBN.

In the 50-meter breast, Lawson again took first place, followed by Myers of MALS-24 and in third place, Phillip Graham of HQBN.

In the 50-meter butterfly competition, McCollough pulled off a victory over Lawson one more time, as Lawson placed third, McCollough first, and in second place was Bill Chinberg of MALS-24.

Easily the most anticipated event of the day, was the 50-meter freestyle individual competition. After several heats were run to narrow the competition down, two swimmers were chosen from each heat to compete in the final

event. The finalists were Lawson, Chinberg, Graham, Gibson, Walter Pulcini of HQBN and Chris Turl of HSL-37.

No one could have anticipated the photo finish between Gibson and Turl in the fourth and fifth lanes, and following closely behind in lane one was Chinberg.

After review from all of the officials present, it was decided that a decision could not be made, and both Gibson and Turl were awarded first place, Chinberg was awarded second.

“Real swimmers would race to see who is truly the best,” said Dufrene jokingly to the exhausted swimmers.

Both Gibson and Turl were satisfied with the tie, and another successful 101 Days of Summer Swim Meet went into the books, this time with a first-ever tie for first place

STRIKES, From C-1

fast as Zito and others can mow down hitters. In fact, it’s expanded to include players from other positions.

The level of interest has grown so fast that the organization has been able to create opportunities for them to contribute also, Zito said.

The organization hopes to have at least one position player on

every team pitching or hitting for the troops, he added. So far, Zito has been joined by Oakland A’s teammates Joe Blanton, Rich Harden, Mark Kotsay, Eric Chavez, Eric Byrnes, Jason Kendall, Nick Swisher and Mark Ellis.

“Strikeouts for Troops is about showing support and honor to our men and women in the military. I want them to know we care and they are not forgotten,” Zito said.

“They are really our heroes.”

BUTTS, From C-4

bid of \$75 on the popular Web-hosted auction.

“I think this is going to help me quit,” said Earl, who admitted he should have stopped puffing on cigarettes a long time ago.

“He’s never broken a promise to me,” agreed Jill, gloating in her victory of winning her bet.

Listed on eBay as “hubby’s butt,” the family plans to use the funds to purchase nicotine patches or gum to help him get over his addiction.

Jill said they will donate a portion of the monies to the American Cancer Society.

SUMO, From C-5

Lance Cpl. Jonathan B. Edwards, an administrative clerk with Headquarters and Service Company, Combat Assault Battalion, was the only Marine who knew what he and his compatriots were getting into. Edwards, an 18-year-old body builder who wrestled and played football in the U.S., decided to give sumo wrestling a try while on Okinawa and now trains with the defending champion, Shoji Gishitomi.

“I tried it, and now I can’t stop,” Edwards said. “It’s very different from other sports. You always have to hold onto somebody so you have to use a lot of power, but you mainly use technique to win.”

Edwards took third place in the tournament after losing to Gishitomi, who was also the overall champion this year.

This year two women battled, in a sport usually reserved for men, for the first time in the 33-year history of the friendship matches.

“Occasionally women will wrestle in the other divisions, but this is the first time we’ve had them in the friendship matches,” explained Fumio Iha, Camp Schwab’s community relations specialist.

Lance Cpl. Erin F. McKnight, a combat correspondent with Marine Corps Base Camp Butler, defeated Satsuki McDonald in this historical event.

“I thought it was interesting to see Americans get out and participate in something that is such a big part of Japanese culture,” McKnight said. “I never thought I’d be sumo wrestling.”

The tournament gave the Marines the opportunity to spend time with Okinawans and learn about a new and interesting aspect of the Japanese culture.

“I had never done any wrestling before,” said Lance Cpl. Kevin M. House, a combat engineer with Combat Engineer Company, Combat Assault Battalion. “I didn’t know anything about this event, but even though you don’t know the people in the community, they’re happy to tell you what’s going on and that makes it even more fun.”

The long-standing friendship between the Marines of Camp Schwab and Henoko’s residents is what makes the community’s events fun and unique, Chinen explained.

“Camp Schwab’s participation helps us make the event very successful,” he said.

“Without them, it’s almost like we can’t hold the event. The Marines always give a great performance in sumo, and I’m really thankful for that.”